

RAINDROPS TO RAINBOWS

COMMUNITY-BASED PARENTING EMPOWERMENT PROGRAM

RAINDROPS TO RAINBOWS IS A TRAUMA-INFORMED, COMMUNITY-ROOTED PARENTING INITIATIVE THAT EQUIPS CAREGIVERS WITH THE INFORMATION TO NURTURE RESILIENCE, REBUILD RELATIONSHIPS, AND FOSTER HEALING ACROSS GENERATIONS. THE PROGRAM BLENDS EVIDENCE-BASED EDUCATION WITH CULTURAL RESPONSIVENESS IN A SUPPORTIVE GROUP ENVIRONMENT.

WHETHER YOU'RE A PARENT, GRANDPARENT, OR GUARDIAN, RAINDROPS TO RAINBOWS MEETS YOU WHERE YOU ARE—WITH COMPASSION, CONNECTION, AND PRACTICAL STRATEGIES FOR EVERYDAY PARENTING.

WHAT WE OFFER

- PARENTING CLASSES GROUNDED IN CHILD AND ADOLESCENT DEVELOPMENT THEORY, FOCUSED ON EMOTIONAL REGULATION, POSITIVE DISCIPLINE, AND TRAUMA RECOVERY.
- FLEXIBLE ACCESS: IN-PERSON AND VIRTUAL OPTIONS AVAILABLE IN ENGLISH AND SPANISH ACROSS THE US.

WHO WE SERVE

- PEOPLE WITH CHILDREN & EXPECTANT PARENTS
- THOSE WHO WORK WITH CHILDREN
- SCHOOLS, CLINICS, AND NONPROFITS SEEKING FAMILY-CENTERED SUPPORT
- FUNDERS AND PARTNERS COMMITTED TO EQUITY, HEALING, AND COMMUNITY RESILIENCE

WHAT PARTICIPANTS SAY:

"THE COURSE WAS PACKED WITH HELPFUL INFORMATION AND I ENJOYED IT VERY MUCH."

"THANK YOU VERY MUCH, THIS SAVED ME A LOT OF TIME AND TAUGHT ME SO MUCH WITHIN HOURS!"

"CLASS WAS WONDERFUL AND INSTRUCTORS WELL INFORMED ON THE TOPICS."

"I WAS VERY PLEASED ON HOW I GOT TO LEARN SO MANY NEW THINGS ABOUT PARENTING. I LOVED HOW WE GOT TO SHARE AND LISTEN TO OTHER PEOPLE'S STORIES."

IMPACT & RETURN ON INVESTMENT (ROI)

- IMPROVED CHILD OUTCOMES IN SCHOOL READINESS, EMOTIONAL REGULATION, AND BEHAVIORAL HEALTH
- INCREASED PARENTAL CONFIDENCE AND REDUCED STRESS THROUGH TRAUMA-INFORMED TOOLS
- \$3-\$7 ROI ANNUALLY PER DOLLAR INVESTED ACROSS EDUCATION (\$1000-\$2500 PER CHILD), MENTAL HEALTH SYSTEMS (\$2000-\$5000 PER FAMILY), AND JUVENILE JUSTICE (\$4000-\$10,000 PER YOUTH)